
ONE Communities Meeting

REPORT TO: One Northern Devon Community Meeting
DATE: 2nd June 2021
SPONSOR: John Womersley, Chair
PREPARED BY: Clare Luxton, Interim PA to CEO and Chief Finance Officer (NDHT)

Purpose

The purpose of this paper is to present the notes of the ONE Northern Devon Communities Meeting held on 21 st April 2021.	Decision	x
	Approval	✓
	Receive	x
	Ratify	x

Supporting Information

The notes are attached

Controls and Assurance

The minutes of the meeting are considered by the One Northern Devon Meeting for accuracy. Following discussion, amendments may be recorded as appropriate. The minutes are then formally approved.

Notes of the One Northern Devon Communities Meeting

Held via video conference on 21st April 2021

PRESENT:	
John Womersley (JW)	Chair
Hannah McDonald (HMc)	One Northern Devon
Steve Seatherton (SS)	One Ilfracombe
Geoff Cusick (GC)	Vice Chair Holsworthy Community Involvement Group
Lara Eley (LE)	Community Developer
Sue Petters (SP)	Assistant Town Clerk, Barnstaple Town Council
Simon Jones (SJ)	GP Barnstaple
Sophie Heaton (SH)	Community Connector Livewell in Braunton
Ella McCann (EM)	Community Developer One Barnstaple
Ruth Tapsell (RS)	One Atlantic
Charmain Lovett	One Ilfracombe
Martin Rawle	Torrington 100
APOLOGIES:	
Bridget Cordory (BC)	Community Developer, Holsworthy
Sharon Bates (SB)	Management Partner – Litchdon Medical Centre
Jenny Martineau (JM)	Castle Gardens Surgery
Cass Chan (CC)	South Molton
Anne-Marie	Togetherland

016/21 Notes of the meeting held on 10th March 2021

The minutes of the meeting held on the 10th March were agreed.

Welcome – Anne-Marie (Togetherland).

01721 Matters Arising

The action grid was reviewed and updated.

018/21 Current Cross Community Work

Mental Health Project – DPT

HM explained that this project is funded by DPT. The Project is split into two parts: the first part is around the discharge of patients from NDHT for which Ruby Graham has been employed to be the MH discharge navigator for this programme. Ruby's role is to provide support to patients who have been discharged from hospital by visiting them at home for five consecutive days to make coming out of hospital that bit easier. It was noted that there had been two referrals to date.

The second part to the project is around community mental health provision. Community Developers are speaking to various people about what needs to happen around MH by looking at what's existing, what's stopped as a result of Covid and what support to other organisations is required to get back up and running, and also to identify any gaps. HM advised that the Community Developers have put together a template for a report to come back at the end of April, end of May and the end of June to present to the SPT. The project also aims to increase the linking with the Community MH Teams.

It was noted that there aren't any specific KPIs from DPT but liaising closely with them. It was noted it is good practice to measure how effective the process is. The Chair requested KPIs to show how cost effective the project is. HM to email Angela to advise of any specific KPIs. **Action.**

HM advised that Ruby is linking with the Community Developers with regard to social prescribing.

Northern Devon Food Network – Devon Community Foundation

HM explained this is a piece of work that has been ongoing over the last couple months around understanding food provision across North Devon. Looking at emergency food supplies and support for families in Devon. All Community Developers have been asking within their local communities for case studies and mapping food provision. The scheme is funded by Devon Community Foundation. A report has been produced which will be circulated once feedback has been received.

Home from Hospital – Northern Devon Healthcare Trust

HM explained that there has been lots of communication and promotion from the Trust in relation to the Home from Hospital service. So far there are four volunteers for North Devon and a number of other volunteers about to be signed up. It was noted that the recruitment process had been time consuming and some posts were held up in Occupational Health.

HM advised that a couple of referrals had already come through and the feedback had been extremely positive. A case study will be written up about this particular story in future. The Group agreed that personal stories are far more powerful than statistics and the importance of doing a case study was noted. The Chair also suggested the production of a video to show to the OND Board / LCP meeting.

Book Bags

HM advised of a request received from the Library at NDHT who had received 160 books as part of world book day for distributing to people who are lonely and isolated. The library had put out a request for people to make book bags for the books to go in and HM advised that 300 book bags had been made to date. Tea bags and biscuits had also been donated to make up a 'care package'. The library had contacted HM for help in distributing the book bags. HM to share the press release with Yash Patel along with the two projects above to go into the Devon-wide locality report. **Action.**

019/21 One Community Updates

Holsworthy - Geoff Cusick

- Sufficient degree of need in and around Holsworthy.
- Established a One Community for that patch based on an existing organisation in Holsworthy since the early 2000s following foot and mouth: Holsworthy Community Forum – renamed to Holsworthy and District Community Forum, which includes 20-30 parishes surrounding Holsworthy. Got a consensus within existing forum of direction of travel. Meeting on 5th May where the Steering Group developing the Terms of Reference for One Community organisation to be adopted at that meeting to proceed.
- Different place/community/more scattered/economy is 70% agriculture. Thanks to HM for her support.

Lara Eley

- Running 2 x six-week mental wellbeing online courses which have received positive feedback from participants. (introduction to mindfulness and yoga). Hoping to get evaluation forms back and put testimonials on website. Hope to run again in future.
- Sunrise doing 'cook with us' on Thursday via zoom. Encouraging people to share company.
- Bideford and surrounding areas – lots classes started back up: Pilates, dance, stretch and walk, yoga, MH mates. Feels positive and lots to get involved in.
- PNC committed also, Ruth is chair of One Atlantic. Big area to cover.

One Atlantic - Ruth Tapsell

- Social Prescribing team going from strength to strength. Four WTEs. Hoping to start first wellbeing

stress resilience programme on 8th June which is aimed to help people with more complex needs. Hoping to invite other organisations along to nurture relationships.

Live Well Braunton - Sophie Heaton

- The role of Community Developer and Social Prescriber is being split and a new social prescriber has been appointed.
- A significant piece of community engagement work commenced prior to Covid which identified a gap for youths and the younger generation. Looking to support the wellbeing of children and young adults.

One Ilfracombe - Charmaine

- Looking at youth MH as a result of a Living Well meeting with involvement from the academy, junior school, infants and churches. The difficulty in terms of CAMHs referrals due to waiting lists as a result of stricter eligibility was a key focus.
- Started off really well. GPs linked with schools and created a RAG system to see at what point children should be accessing help.
- Park yoga starting on 2nd May until the end of August which is part of the national park yoga programme.
- Secured £4k funding through Active Devon - tackling inequality funds – continue for online activity sessions for exercise in own homes via Facebook, free yoga/Pilates/tai-chi, youth gym programme for young adults who struggling, sea swim lessons providing confidence in the water. Funding is through Sport England.

One Barnstaple – Ella McCann

- Reviewing what One Barnstaple partnership is. Changed dramatically. Looking at what's missing and looking what/how/who involved, reviewing sub-groups. So much has changed in the last 12 months. Aiming to get to a stable and resilient place to support the organisation.
- One Barnstaple is part of a pilot for an online platform to support grass-roots and community groups to safely manage volunteers and trustees of their group. Substantial investment from DCC for the pilot to be run. Investment received from Livewest.
- Security of One Barnstaple.
- SJ advised of a developing local charity (hygiene bank) who were operating across North Devon and had offered support to One Barnstaple. Further information is available on their website.

South Molton (Hannah McDonald)

- Community fridge/kitchen. Received 3.5 tonnes of free food from Fair Share which was re-distributed around the local community.
- Organising Easter food hampers for families.
- Weekly takeaway sessions available from the kitchen.
- Received funding from Active Devon to specifically deliver 10 weeks of seated vitality classes working with NHS care home teams. This is being offered to care home residents and the local community.
- Recruited three volunteers for Home from Hospital and establishing a 'befriending' service.

Torrington 100 – Martin

- Since November, building up what already know and relationships in Torrington town and the outline villages.
- Presentation at Torrington Town Council to ensure knew about Torrington 100 and our intentions and the work being undertaken.
- Trying to get social media and PR alive to engage further with the local community.
- When NDHT/DPT start looking at their services, Torridge acknowledges their geographical responsibilities.
- Contacted schools to find out what local youths are doing: holiday club over Easter and hot meals for disadvantaged children.
- Helped secondary school with volunteers for LST testing programme.
- Visit planned with Vicar of Torrington to develop a community nursery for growing food where volunteers can contribute and make friends etc. A site visit is taking place to look at the derelict piece

of wasteland.

- Recruiting volunteers for CDT in Torrington.
- Other site visits to Town Hall etc. reinforcing relationships and picking up areas that require volunteer provision without duplicating effort already in the community.

Torrington – Annemarie

- Asking the Council how we can help support and work with villages. Reaped benefits of film project. Received funding from DCC for a film project. Asked villages to take part to help with communication within village and to get people talking and to have something to celebrate at the end of it. Four villages created films. Communicated it through Spotlight one month ago and radio picked it up also. Welcome to show films to wider audience – available on their website.
- Also looking at how constituted.

020/21 Funding or Opportunities

HM advised that North Devon Council grants re-opened at the beginning of April. North Devon District Councillors have £1k each. Devon County Council in purdah as going through elections.

Tesco community Grants also re-opened (previously 'bags for help' scheme). Funding up to £15k. SP interested in funding.

In relation to Lottery funding, HM advised that talks are ongoing around a wider joint application for this. HM will update on any progress.

Arts and Culture Group Update – Simon

A bid has been submitted for £24k to the Arts Council. This could take up to six weeks to process. It was noted that match funding is not required.

021/21 Requests for Support from One Communities

There were no requests for support.

022/21 Any Other Business

The Chair requested the recording of the meeting is shared with CEOs are others to highlight the positive things being discussed. Anyone who is not happy for the recording to be shared to contact the Chair outside of the meeting. **Action.**

024/21 Date of Future Meeting

2nd June at 12 noon

ONE NORTHERN DEVON COMMUNITIES METING ACTION GRID

AS AT 21ST APRIL 2021

		Action		Comments	Lead	Outcome
16th December 2020						
78	60/20	Volunteering Support	Gap analysis and framework on loneliness to be presented to a future meeting	27.01.21 LE reported on requests being received for volunteers who are being asked to complete consent forms for COVID vaccinations. LE is also exploring an introduction to mindfulness class and funding required for this. HMc referred to hosting of volunteers and JW asked whether the town councils are able to do this. SP reported on a database being developed for Barnstaple volunteers which can be shared with organisations. 10.03.21 On hold at present. Bring forward to a future meeting. 21.04.21 This item was not discussed.	DW	Ongoing
27th January 2021						
82	03/21	One Barnstaple	Report on Barnstaple hub to be provided to the next meeting	10.03.21 This was not covered – update due at the next meeting. 21.04.21 This item was not discussed.	SJ	Ongoing
10th March 2021						
88	09/21	Update from Arts and Culture Group	To be added as a standing agenda item	21.04.21 This item was discussed later on the agenda.	HMc	Closed
89	012/21	Funding Opportunities	Link to Recovery Devon to be added in the minutes	21.04.21 Action complete.	HMc	Closed
21st April 2021						
90	018/21	Current Cross Community Work – MH Project – DPT	KPIs to be produced to measure how effective the process it.		HMc	
91	018/21	Current Cross Community Work	HMc to liaise with Yash Patel to provide an update in the Devon-wide locality report for all of the cross community work projects.		HMc	
92	022/21	AOB	OND Board members to advise the Chair of any concerns in relation to sharing the recording from today's meeting.		ALL	