

We believe we can tackle poverty better if people with experience of it are involved

## Do you have experience of struggling financially?



**on low income?** getting by day-to-day but under pressure, difficult to manage unexpected costs and events



**not enough income?** falling short of a decent standard of living, high chance of not meeting needs



**or unable to meet needs?** can't afford to eat, keep clean and/or stay warm and dry

Image by Joseph Rowntree Foundation

The three levels of poverty

## Are you willing to share your experiences to help improve the system for people in a similar situation?

*Poverty, at any level, can mean waking up every day facing insecurity, uncertainty, and impossible decisions about money. It means facing marginalisation – and even discrimination – because of your financial circumstances. The constant stress it causes can lead to problems that deprive people of the chance to play a full part in society.*

# We are tackling poverty together.

**Working towards answers from real experiences.**

**WHAT IF...** you could be involved in influencing decisions, policies and services that affect people struggling financially?

**WHAT IF... CHANGE IS POSSIBLE...?** We live in a society where there are burning injustices. Our current systems don't always effectively support people when they are struggling

**WHAT IF... YOUR VOICE WAS HEARD** A Poverty Truth Commission is a different way of doing things. It starts with sharing experiences, enabling you to find your voice, and be heard in a safe supported space, along with others who are struggling against poverty

**BUILD CONFIDENCE** Before civic/business leaders are invited to join you, you will spend time getting to know one another, building confidence so you are able share your experiences with those in positions of power

**CREATE CHANGE** Then over a period of 12 months, everyone will take time to listen and learn from each other's collective experience and wisdom to create lasting solutions. Together, with decision makers, you will work on the challenges facing those struggling financially

**JOIN US** Would you like to be part of the Poverty Truth conversation? If so, we'd love to meet with you for a chat. Everyone will have a part to play. It's about hope, having a collective voice and believing that change is possible.

**Join us: Call, text or email James - 07491581962 - james.lander2@nhs.net**