

Meeting notes OC group 14/1/25

Apologies

- Trudi Mackie-Brown (One Atlantic / TTVS CD)

Participants

- LANDER, James (Royal Devon NHS Trust)
- MIDSON, Mary (One Ilfracombe / NDVS CD)
- Amanda Smithson (Torrington 100/TTVS CD)
- Tara Rundle (Devon Mental Health Alliance CD)
- Louise Flagg (NDVS)
- Bev Triggs (North Devon District Council)
- Adrian Avery (Torrington 100 Chair / Torridge District Council)
- Ella McCann (One Barnstaple / Barnstaple Town Council CD)
- Hannah Shackleton (Active Devon)
- Adam Crispin (One South Molton Chair)
- Tom Mack (Active Devon)
- Megan Sanders (Barnstaple Town Council)

Change OC group meetings

Feedback below is taken from today's meeting with 12 attendees and a past OC group survey with 9 responses. We have agreed to change the OC group meeting. Next step is to align this change with the wider ND CD forum hosted by NDVS (as many CDs are turning up in person anyway).

- Change from monthly 1 hr online to Quarterly in-person for 2.5hrs
- Potential to rotate around the OCs with each taking a turn to host in partnership with the OND board
- Invite all OC's - chairs, CD's and member reps.
- Include reps from partnerships (incl. OND Board) and organisations or services which cover Northern Devon can help give a general steer

What do we want a 2.5hr in-person quarterly to look/feel like?

- Co-produce agenda so it is relevant
- Hybrid meeting option for those that wish to share information only
- Potential to split agenda into hybrid updates and in-person development work - Could have online group(s)
- Getting to know each other more / understand individual roles

What's important to you about this group and why do you want to meet together?

Understand/share the work of the CDs (happening/planned)

- Network - Getting to know each other more / understand individual roles
- gather ideas
- support/advise each others development work
- Share: priorities, ideas, programmes, resources, funding streams
- Success - what has worked well
- Common Challenges - what has not worked
- Differences / similarities: governance, approach
- 'What's happening in other communities areas?'
- determine collaborative working opportunities (as early as possible)

Understand/share the work of relevant (district/county/UK-wide) organisations

- Wider engagement data
- Funding opportunities
- Projects to get involved in

Challenges and successes from the One Communities in attendance

One South Molton

Challenge - demographic representation - reestablishing priorities, will help us access funding - community survey PHd student support developed a questionnaire linked to IMD (to early for NDDC engagement software but intend to use) - 200 responses (of 12000 in catchment) - extend survey date to get more representation. Hard to reach group - distributed through members, schools are sharing in lessons. Paper surveys.

Success - constitution for Amory centre wellbeing centre, winter wellbeing walks/ mindfulness. Picking up momentum. Launched a death cafe (grassroots from OC member > partnered with Coop funeral care and torrington death cafe - - national movement to destigmatise death, encourage open conversation and peer support

One Ilfracombe

Challenge - behaviour of attendees - mitigated by creating group values, behavioural contracts for attendees. Improved behaviour.

Success - started a cancer care hub - expecting 5 + people, over 40 attended. Fantastic response. Fern centre and local GP practice sent text messages - partnership comms

One Barnstaple

Challenge - relooking at community action plan / priorities / 2024 progress, hard to get feedback without 'nagging' them. Hard to meet employer strategic / agenda. This is the same for OC members, finding the shared areas of strategy/priority

Success - Food for thought finished, small grants handed out by DCF to be concluded in a few weeks. Nominated for an award through Sustain 'children and food' top 3 finalists (not yet for publication) - feels like a massive well done for those involved. Legacy of the project goes on due to the involvement of many local partners staying connected.

Torrington 100

Success - Existing forum called torrington together, 29 organisations, speaker session x3. CD organised event really well.

Challenge - is how to collate information moving forward (discussed using ChatGPT). Getting everyone together is challenging (exp. SP/wellbeing coaches - shared learning opportunities). Tried different dates to get right people in the room.

Challenge - the community knowing everything thats on - created a whats on where for those unable to access the internet.

Challenge - Youth facilities - asset mapping, get partners onboard to provide 'missing' facilities.

Updates

NDDC

- National planning policy framework - Gov ambition to build more houses - NDDC target increased to 800 homes per year
- English devolution white paper - Gov want Country served by mayors with developed powers and local gov reorganisation (potentially abolish District Councils)
- NDDC consultation and engagement platform - aim is to coordinate / reduce duplication and share data (testing with One Barnstaple)

Tara Rundle

- Back from maternity - back in role
- Phil will still remain with DMHA, focused on Kailo and youth CD

Megan Sanders (BTC)

- Finalising new BTC budget / strategic plan - working closely with NDC and One Barnstaple priorities - they align really well > double checking terminology to create shared understanding

Active Devon

- Neil is leaving - send him a goodbye message this week if you want to say goodbye (post will go out to recruitment in coming months)
- Gareth is on the OND Board, engage on OC group (OC meetings when time allows), THIPA Tackling health inequalities, HWPAF healthy weight physical activity forum. Many are not aware of these. Working with Sport England to draw financial resources into Northern Devon for focused work based on insight, integrity and need. Face to face event and forum updates. Sports England funding based on there data incl IMD, level of activity data.
- [Playzones community Torridge engagement report](#) available - useful to see the difference in priorities between residents and organisations (important to note for OC engagement)
- Upto £15k Sport England [Movement fund](#) available - Hannah/Tom can provide letters of support / application support
- Face to face in Okehampton
- [Naturally Healthy Forum - Wed 12 feb 2025 0930 Pavillion in the Park, Okehampton](#)
 - May annual campaign - wellbeing walks and walking

NATURALLY HEALTHY FORUM

AGENDA TO INCLUDE

ISOLATION AND MEN
FROM WHO NEEDS INSTRUCTION

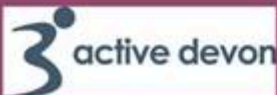
ISOLATION
FROM 'IMPROVING LIVES
PLYMOUTH'

DISCUSSION BREAKOUT

SOCIAL PRESCRIBING
UPDATE ON THE JOY APP

EDI WORKING GROUP
**NATURALLY HEALTHY MAY
CAMPAIGN**

UPDATES FROM ALL



12th of February
9.30am to 12.30pm

The Pavilion In The Park,
Okehampton EX20 1GE

**Tea and coffee will be
provided**

Wellbeing walk after
(weather dependant!)

44 1392 383484

kate.hind@devon.gov.uk

TO BOOK YOUR PLACE
PLEASE CLICK HERE